



Embrace GRACE

Calm us, O Lord, as you stilled the
storm.

Still us, O Lord, keep us from harm,
Let all tumult within us cease,
Enfold us, Lord, in your peace



MAIN STREET, BILLYMORONG

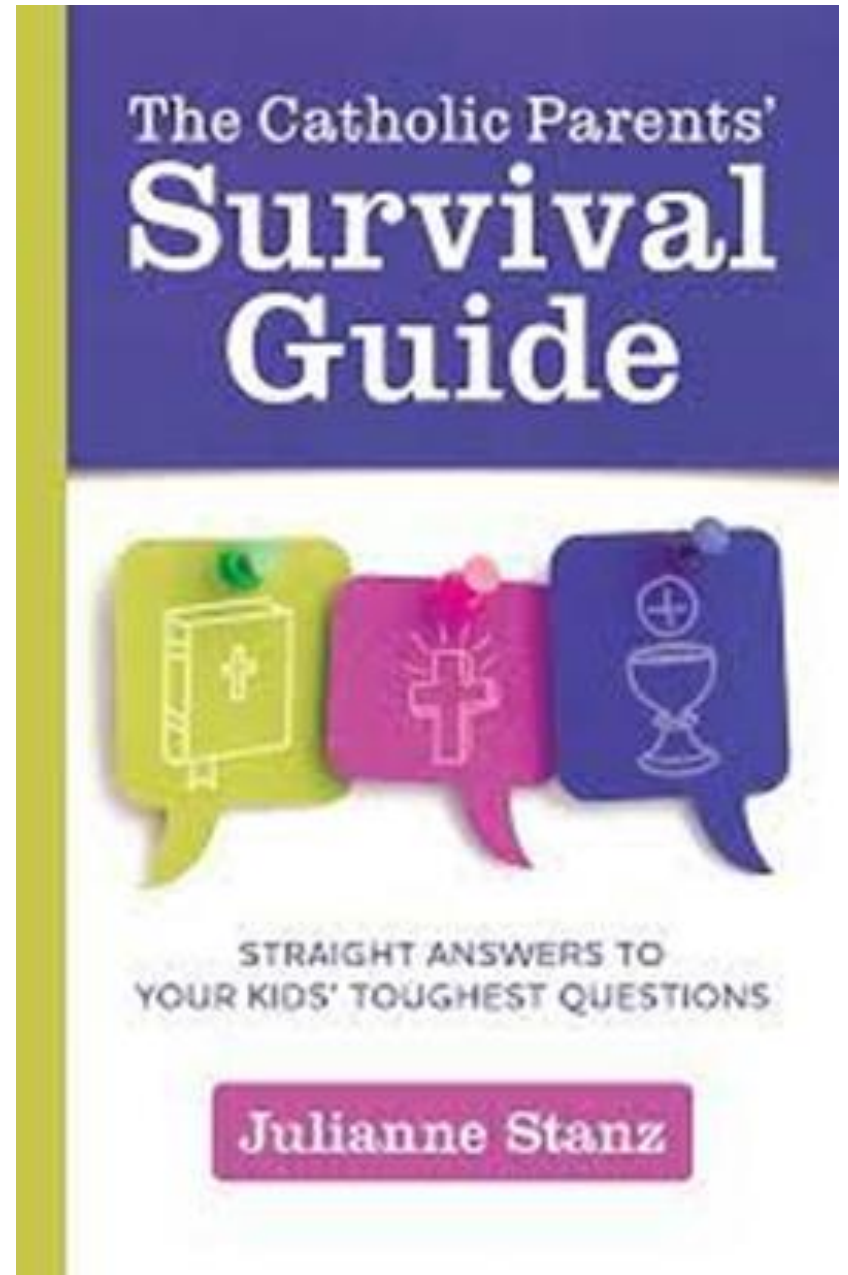
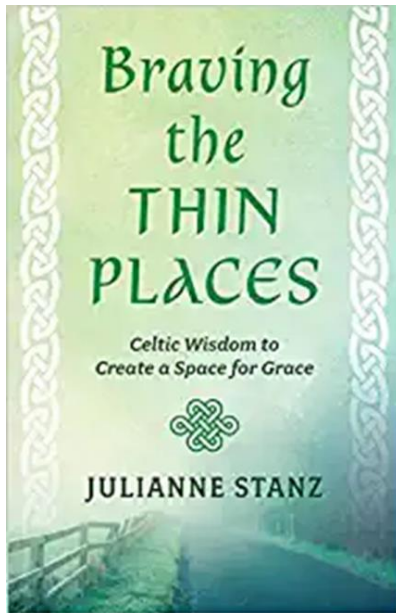


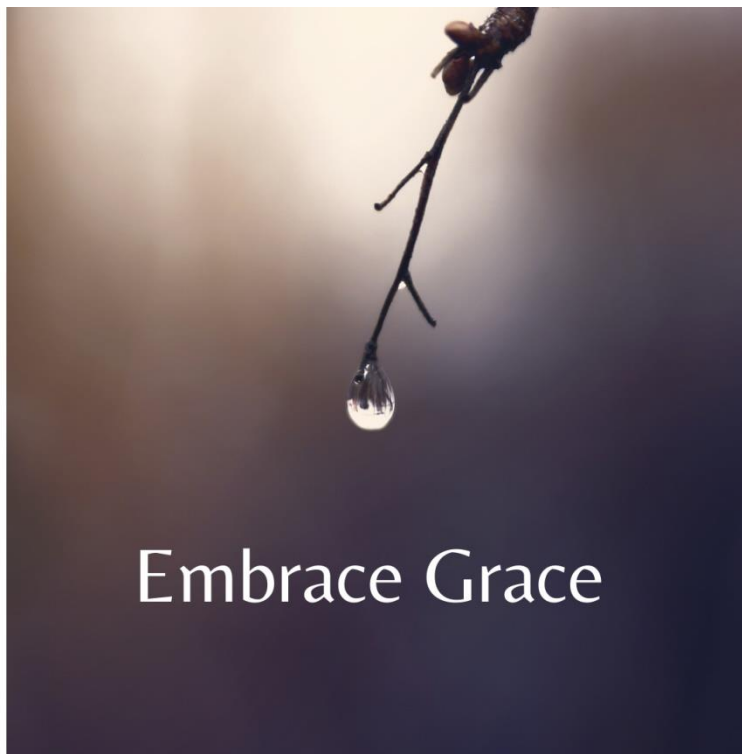
- My Village – Hacketstown, Co. Carlow. Baile an Droichead











G- Gratitude

R- Release Regrets

A- Acceptance

C- Cultivate Radical
Hospitality

E- Embrace Stillness





“YOU SATISFY THE HUNGRY HEART”





Conversation

Politics

Social Media

Fear

Frustration

Fatigue

Floundering



WHAT ARE YOU THIRSTY AND HUNGRY FOR?

- For justice?
 - For energy?
 - For support?
 - For new ways of being?
 - For more time?
 - For a change?
 - For understanding?
 - For hope?
 - For clarity?
-
- Name one hunger you have in your life at this time.





Father I am hungry for the
love of God,

Give my soul this food,

My Lord in the Eucharist

St Catherine of Siena







Young Sun Kim, His Mighty Hand

We have
entered a Thin
Place



Braving the THIN PLACES

*Celtic Wisdom to
Create a Space for Grace*



JULIANNE STANZ











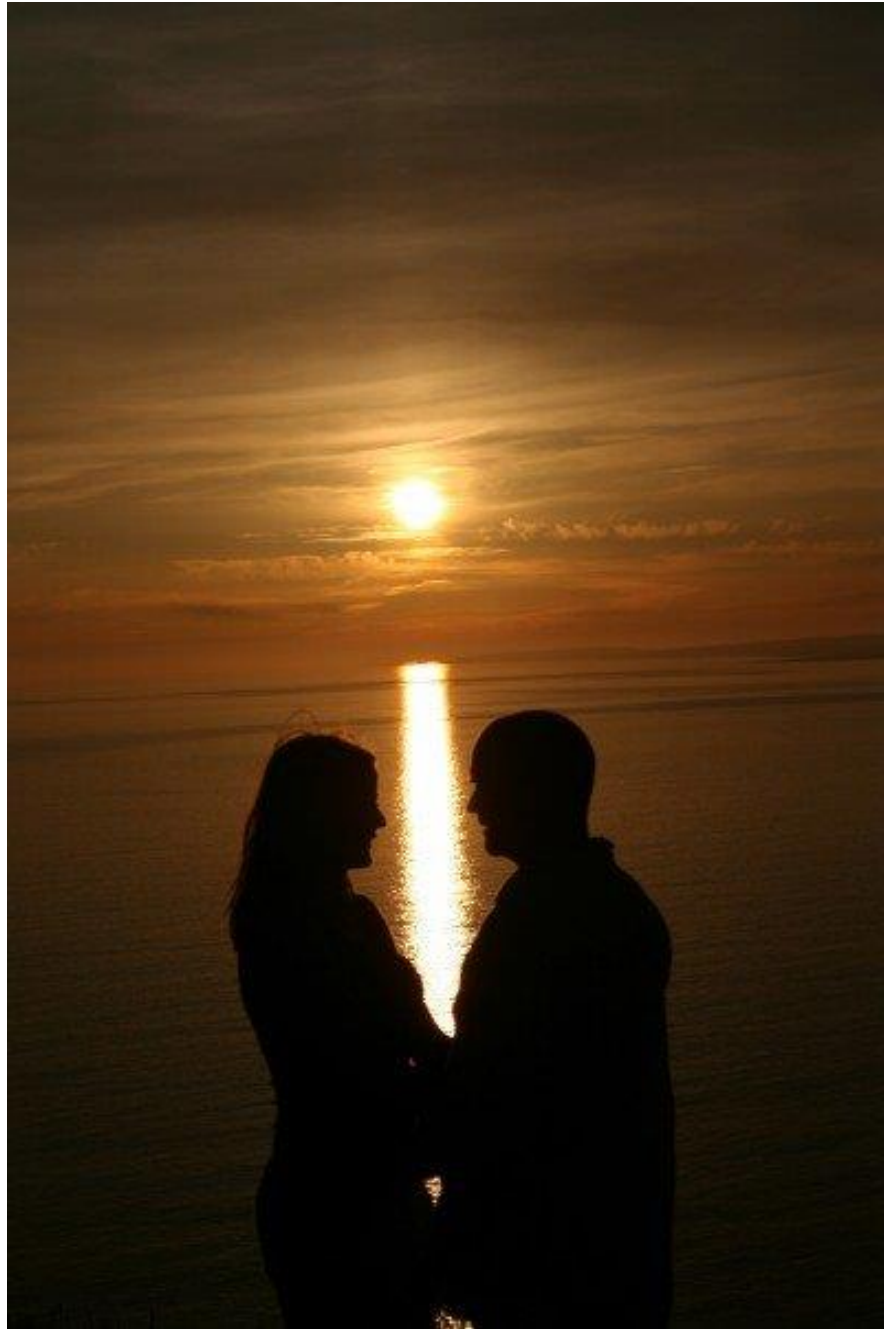
Your Anam Cara



And then my soul saw you and said,
"There you are, I've been looking for you".



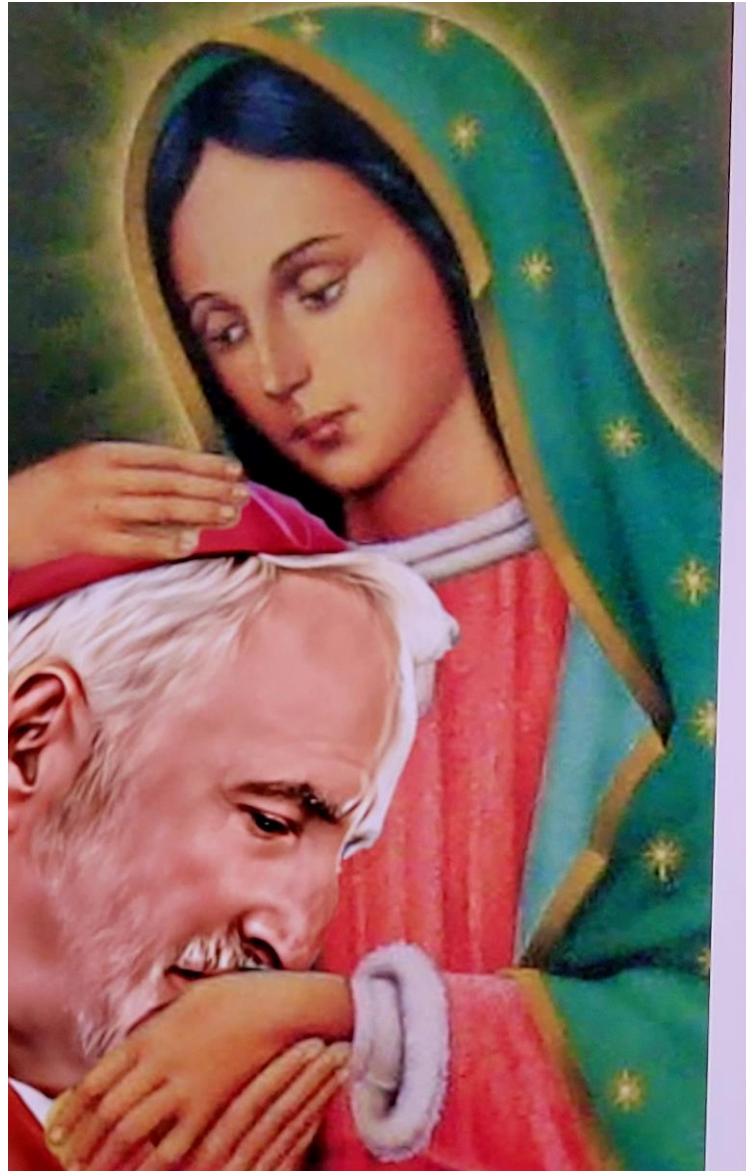
*"A soul friendship is the place in
which the light inside you meets
the light inside the other person"*



Cliffs of Moher,
Co. Clare









“

**Talk to Jesus with love.
-Bishop David G. O'Connell**



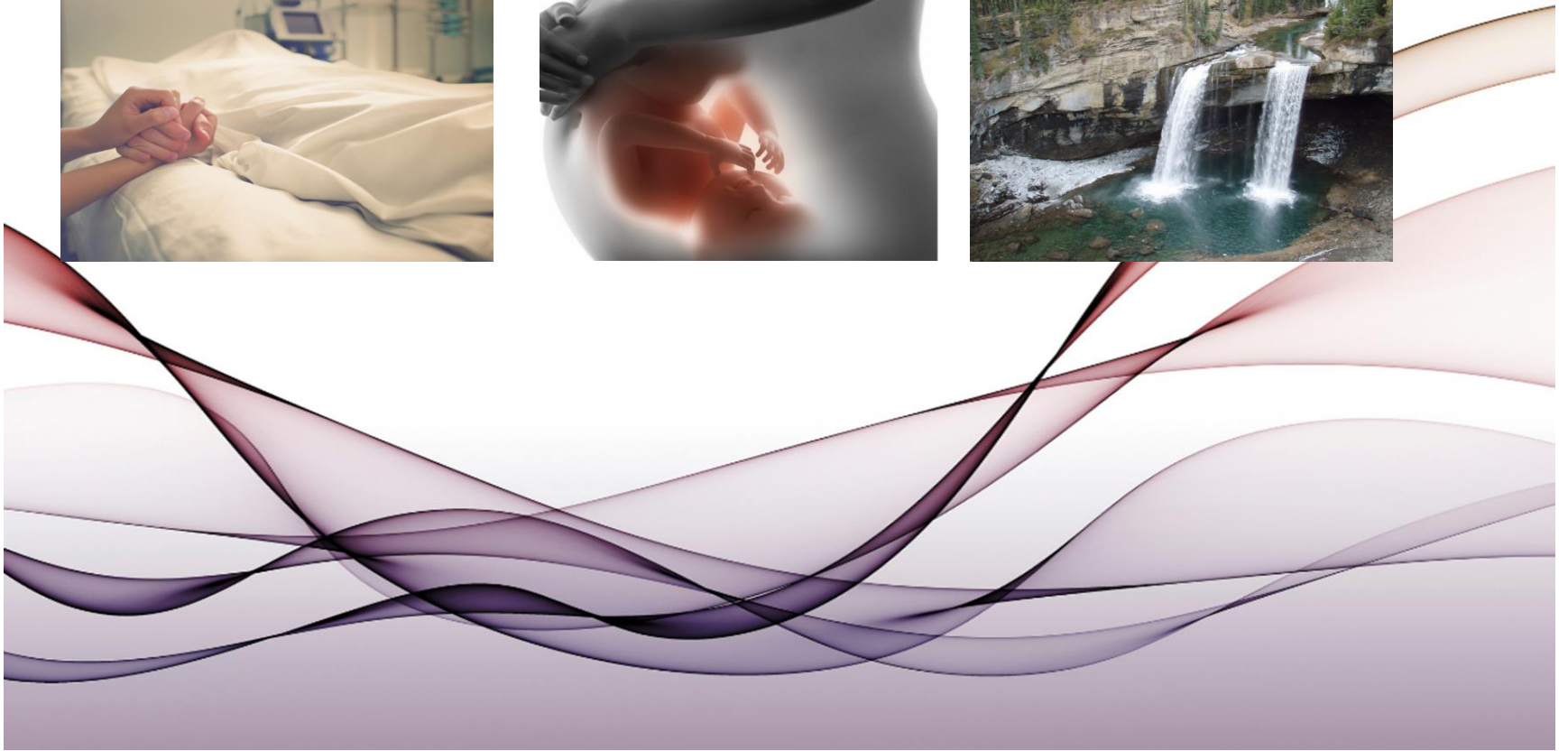
Amazing grace!
How sweet the
sound,
That saved a
wretch; like me!

I once was lost, but
now am found,
Was blind, but now
I see.

Lent is a Liminal Time

The word *liminal* comes from the Latin word 'limen', meaning threshold – any point or place of entering or beginning.



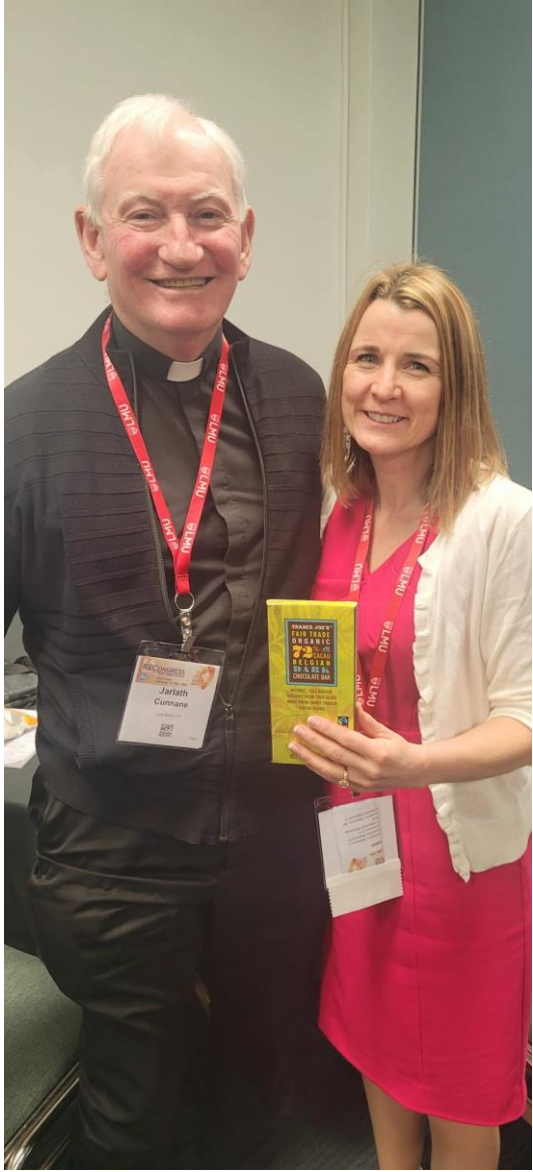


TRADER JOE'S®
FAIR TRADE
ORGANIC
72% CACAO
BELGIAN
DARK
CHOCOLATE BAR

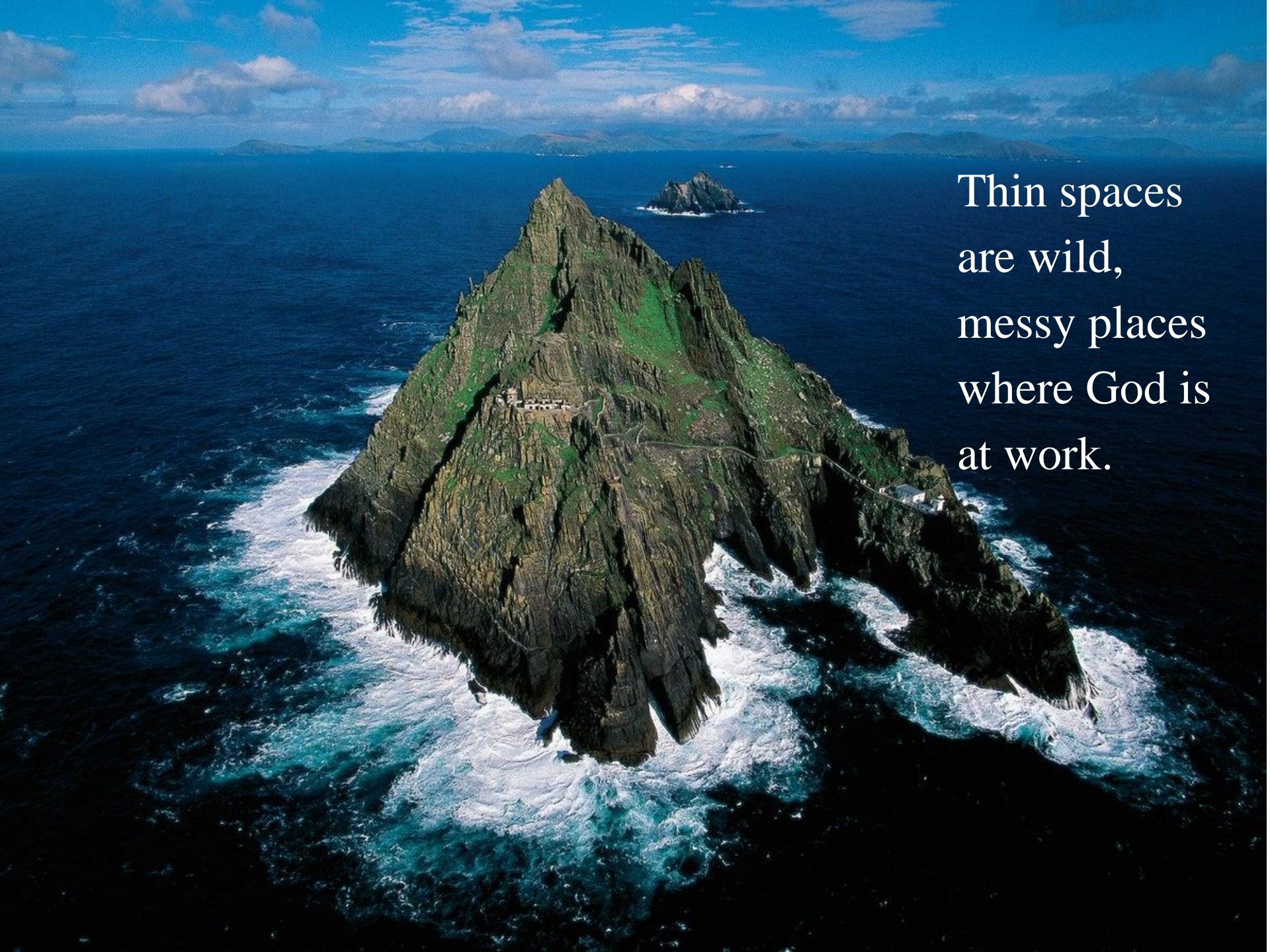
INTENSE, FULL BODIED
ORGANIC DARK CHOCOLATE
MADE FROM FAIRLY TRADED
COCOA BEANS



NET WT. 3.5 OZ (100g)







Thin spaces
are wild,
messy places
where God is
at work.





Croagh Patrick





H.O.P.E in Jesus

Healing Openness Prayer Eucharist

Julianne Stanz

Behold the Potato Masher





- Between 1999 and 2017 among Americans aged 25-64 the rates of:
 - Drug overdose increased fourfold.
 - Rates of suicide increased 38.3%
 - Midlife deaths from alcoholic liver disease grew 40%.
 - Alcohol poisoning deaths rose fourfold.



Nobody is ever lost to God, no matter
how far we might stray from him.





The Old Healer to the Soul

“It’s not your back that hurts, but the burden.
It’s not your eyes that hurt, but injustice.
It’s not your head that hurts, it’s your thoughts.
Not the throat, but what you don’t express or say
with anger.
Not the stomach that hurts, but what the soul
does not digest.
It’s not the liver that hurts, it’s the anger.
It’s not your heart that hurts, but love.
And it is love itself that contains the most
powerful medicine”

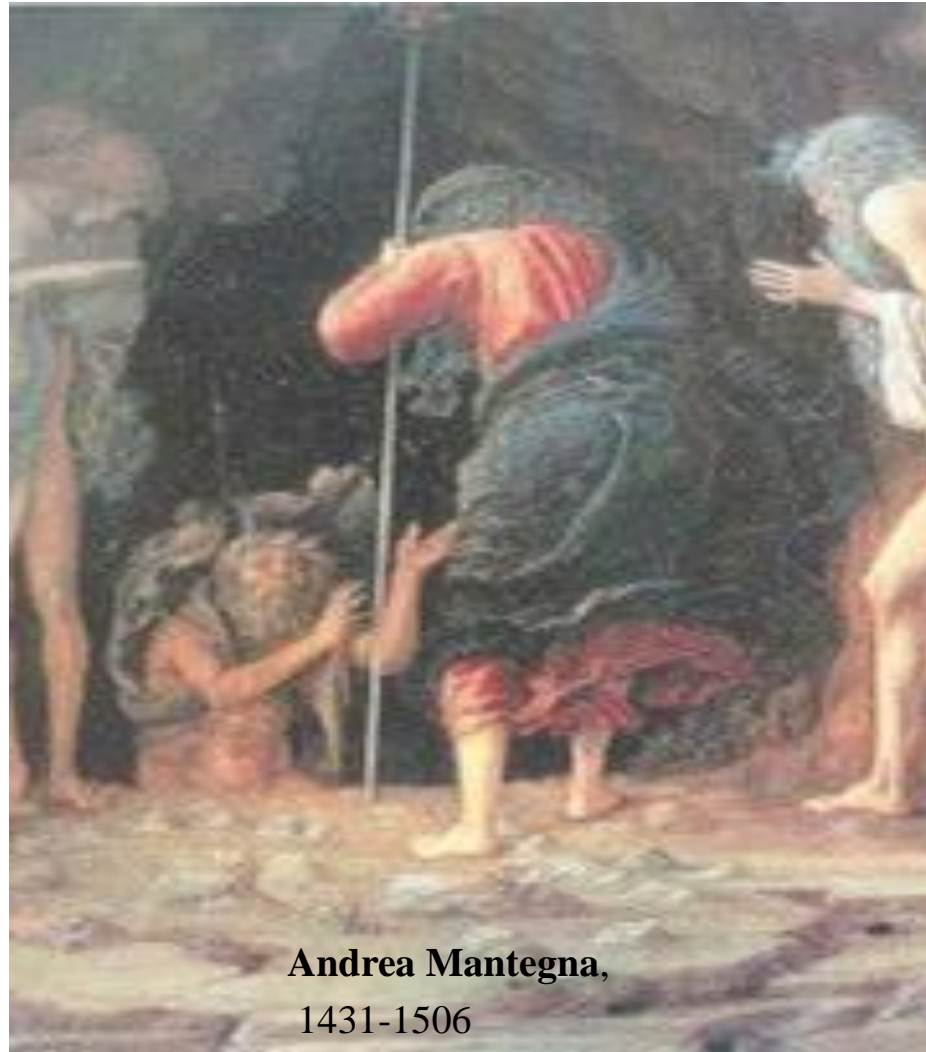


Mario Minniti,
The Five
Wounds of
Christ,
The Man of
Sorrows



Nick's Story






**Andrea Mantegna,
1431-1506**



Blessed are the Broken

For they let in the light



We are all broken
in some way.
But those of us
who embrace our
brokenness will
be transformed.





He replied, "Truly I tell you, if you have faith as small as a mustard seed, you can say to this mountain, 'Move from here to there,' and it will move. Nothing will be impossible for you.

Matthew 17:20



The Prayer of the
Heart

Embrace

Release Regrets




Acceptance



- Beware Your EGO

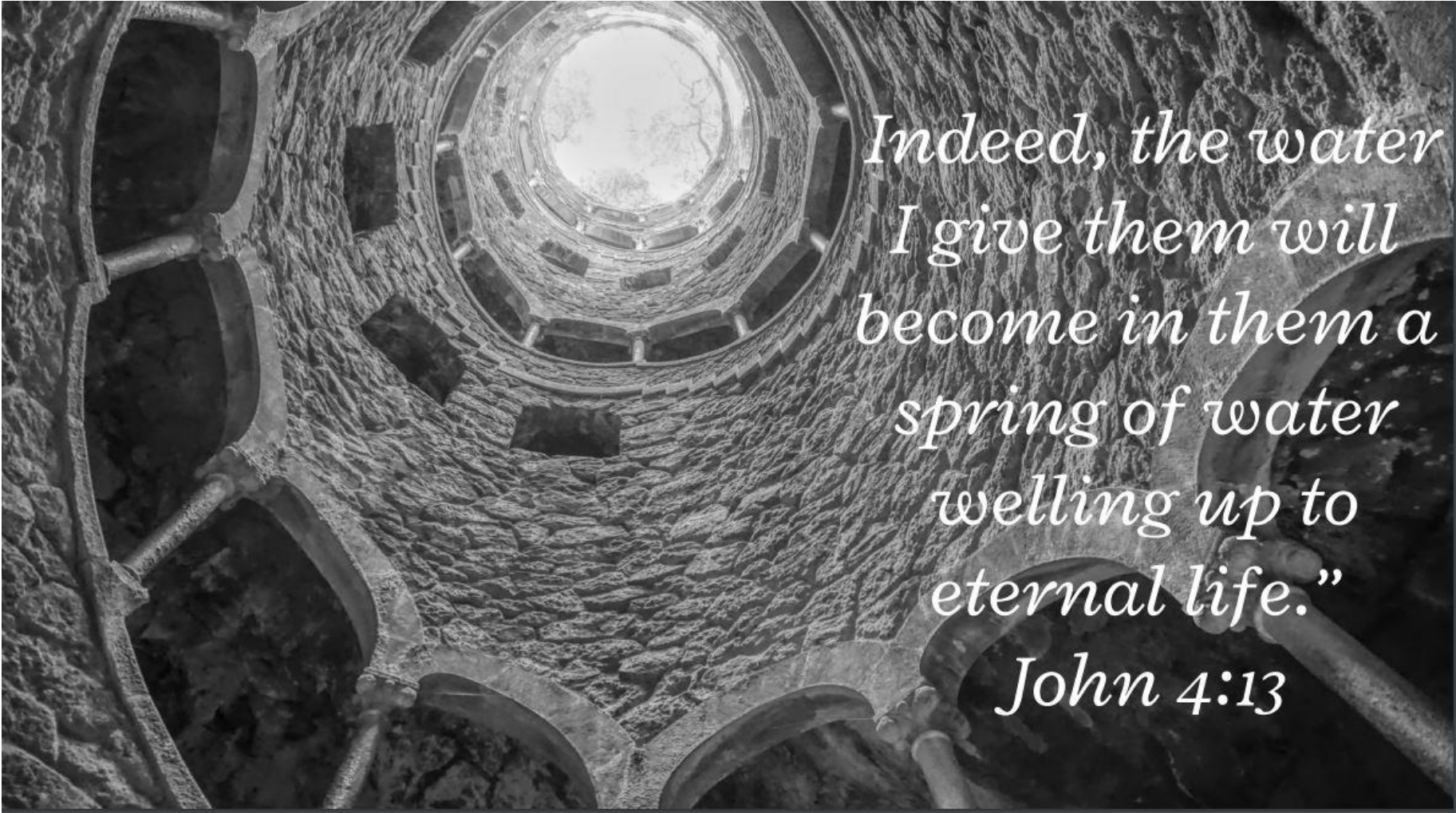




A woman wearing a white, textured robe is shown from the chest down, holding a large, ornate, brown and gold ceramic water jar. The jar has a wide body with a diamond-patterned texture and a narrower neck. The woman's hands are visible, gripping the jar. The background is a dark, textured wall.

The woman said to him, “Sir, give me this water so that I won’t get thirsty and have to keep coming here to draw water.

John 4:15



*Indeed, the water
I give them will
become in them a
spring of water
welling up to
eternal life.”*

John 4:13





*....Then leaving her water jar
(John 4:28)*



A painting depicting a person walking a tightrope across a deep, dark chasm. The person is silhouetted against a bright, glowing light source that shines down on them, creating a path of light. The background is a mix of dark blues and purples, with streaks of red and orange at the top, suggesting a sunset or sunrise. The overall mood is one of hope and guidance.

I can't.....

But You Can.....

Jesus Show Me the
Way.....



The Irish Concept
of “Meitheal”



“Cead Mile Failte:

“There’s always room for one more”



A serene landscape photograph featuring a long wooden pier extending from a rocky shore into a calm body of water. The pier is constructed of dark wooden planks and is supported by several vertical posts. At the end of the pier, a small wooden bench is visible. The sky is a mix of soft orange and purple, indicating a sunset or sunrise. In the background, dark silhouettes of mountains are visible against the horizon. The overall mood is peaceful and contemplative.

Embrace Stillness

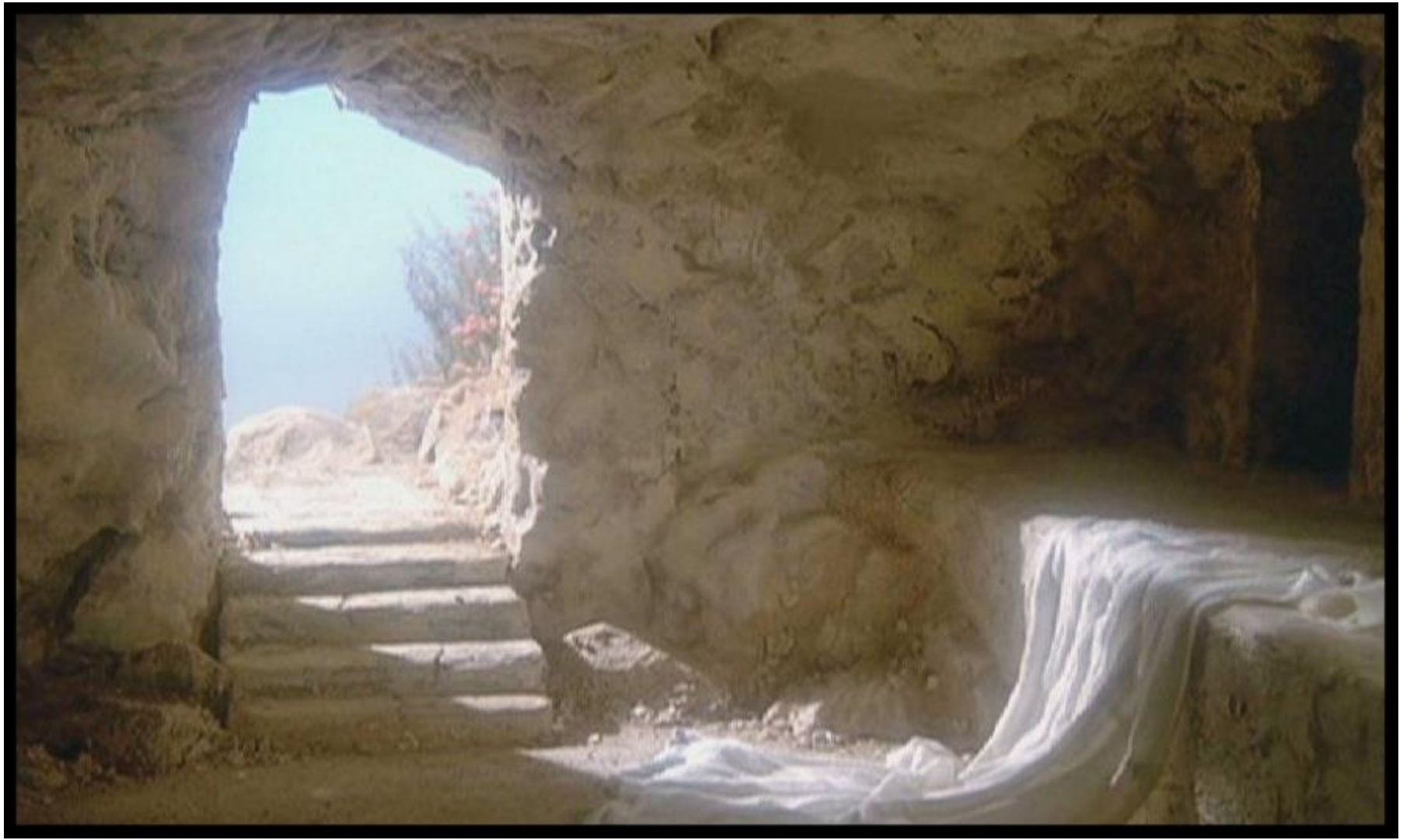


Give us this day.....



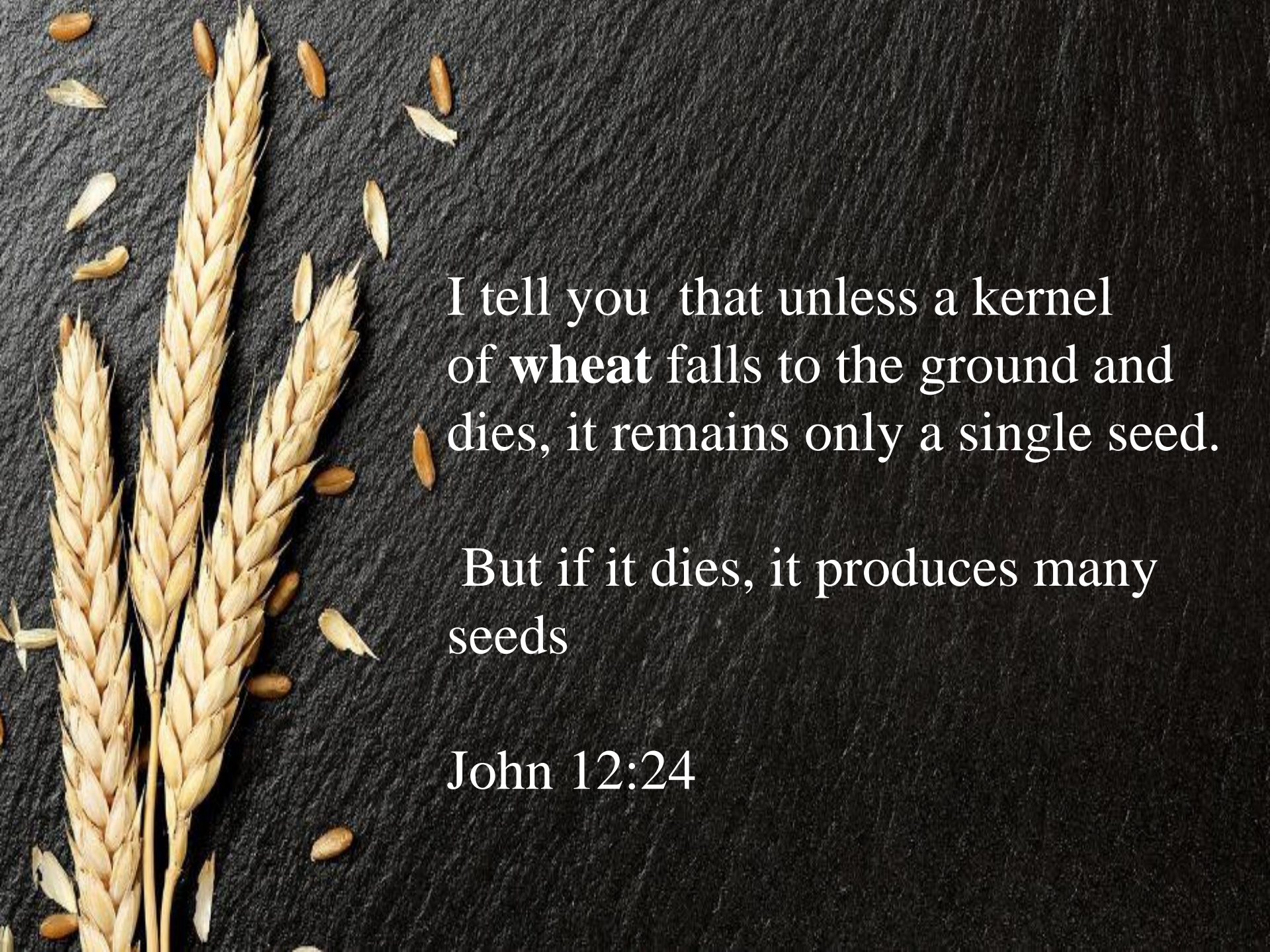
Y'all need to stop with this "bread is not good for you" foolishness.

Jesus did not say I am the broccoli of life. Nor did He say give us this day our daily kale. Stop. Jesus is life. Jesus is the bread of life. Bread is life.





Resurrection -
Rembrandt

The image features three golden wheat stalks on the left side, set against a dark, textured background. Several individual wheat kernels are scattered around the stalks, some appearing to have fallen from them. The lighting highlights the texture of the wheat and the dark surface.

I tell you that unless a kernel
of **wheat** falls to the ground and
dies, it remains only a single seed.

But if it dies, it produces many
seeds

John 12:24



The Difference

Between.....

Falling Apart

Breaking Open



“Blessed for You
Broken For You”









'Twas grace that taught my
heart to fear,
And grace my fears relieved;
How precious did that grace
appear
The hour I first believed!

“Given for you”





JAN/17/2014



















The Thing



When we've been
there ten
thousand years,
Bright shining as
the sun,
We've no less
days to sing God's
praise
Than when we
first begun.



Julianne Stanz

Story Teller | Author | Encourager

Official Website of Julianne Stanz

www.juliannestanz.com

www.loyolapress.com

The Catholic Parents'
**Survival
Guide**



STRAIGHT ANSWERS TO
YOUR KIDS' TOUGHEST QUESTIONS

Julianne Stanz

Braving
the
**THIN
PLACES**

Celtic Wisdom to
Create a Space for Grace



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