

Everyone grieves differently. For some it is a very private process, others have networks of friends and family that meet their needs. But many people benefit from participating in a group with others who are grieving, such an experience can also be a way to honor your loved one as you begin the healing journey.

## A New Day

## Five-week Bereavement Support Group for Adults



Wednesdays, January 19 - February 23, 2022 2:00 PM - 3:00 PM

## **Facilitated by**

Misty Jesse, Director of Evangelization

## Registration

Contact the Offices of Faith Formation at 310-377-4573
Limit 10 participants
Materials provided after registration

